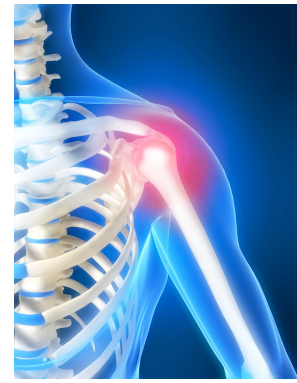


The Shoulder: Steps to Success



Day 1.

08.45 Registration

09.00 *Setting the scene – the current state of play ?*
Why do we think the shoulder is so complicated?

10.30 Coffee

10.45 *The Rotator Cuff & the Scapula: Partners in Crime?*
Research versus reality & assessment dilemmas: Keeping it simple!

12.30 Lunch

13.30 *The Kinetic Chain and Dynamic Slings*
Putting the shoulder in context: It's all about 'normal' movement

14.30 *Is it torn and does it matter? Is it all over for special tests?*

15.00 Coffee

15.15 *The Stiff Shoulder*
Frozen or not? Differential diagnosis- can we? Can we do better than supervised neglect?

16.30 Finish

Day 2.

09.00 *The Irritable shoulder – where to start?*
Acute causes of shoulder pain- when we can diagnose what does it mean to management?

10.30 Coffee

10.45 *The Irritable shoulder – making life easier for the shoulder*
Dilemmas, debates & decision making

12.30 Lunch

13.30 *Shoulder Pain : Fit for function!*
Can't go wrong trying to get strong??? Debates, controversies and being Sensible plus simple exercise progression.

14.45 Coffee

15.00 *Getting it right from the start: Steps to Success*
The power of language & communication.

16.15 *Summary – Key messages*

16.30 Finish