



# ICELANDIC PHYSIOTHERAPY ASSOCIATION

## Code of Ethics for the Physiotherapists in Iceland

### I

#### Role of physiotherapists

##### Art.1

Physiotherapists have expertise knowledge of normal body movements and analyzing skills of detecting deviations from them. They practice in rehabilitation, habilitation, prevention and education. The goals in physiotherapy are to promote and maintain physical and mental ability, health and employability and thereby promote active participation and enhanced quality of life.

### II

#### The Physiotherapist and the client

##### Art.2

Physiotherapists shall respect the human dignity and rights of his client. They shall act in a respectful manner toward each client and treat them all equally regardless of gender, race, views or other irrelevant factors.

##### Art.3

Physiotherapists shall act in the best interests of their clients in advising best physiotherapy practice. They shall refer the client to colleagues or member of other health care professionals when, in the opinion of the physiotherapist, such action is in the best interest of the client.

##### Art.4

Physiotherapists must inform the client and advice him of other possible treatment options. They shall inform the client of his rights concerning his clinical problem and his own treatment as well as the possible financial costs regarding the treatment.

##### Art.5

Physiotherapists shall honor confidentiality and treat their clients, their relatives and other clients accordingly.

### III

#### Physiotherapists, practice, education

##### Art. 6

Physiotherapists shall work in accordance to their education and within the limits it provides periodically regarding subjects, methods and emphasis.

Art.7

Physiotherapists shall maintain their education and skills, enhance it and renew it in accordance to their expertise and development of the profession. They shall as possible enhance the knowledge of the public and authority of the nature, role and benefits of physiotherapy.

Art. 8

Physiotherapists shall show integrity in their work. They shall bear in mind that the reputation of the profession is in accordance to the competence of its individuals.

Art. 9

Physiotherapists shall not refer to others assignments that acquire the professional skills, knowledge and clinical judgement of physiotherapists.

Art. 10

Physiotherapists shall show integrity and respect to coworkers and others related to the client, acting in the best interest of the client. They shall forward their knowledge to coworkers, physiotherapy students and other physiotherapists.

Art. 11

Physiotherapists who suspect they have witnessed a doubtful, misconducted or illegal act in physiotherapy are obliged to react to that. They shall report to the offender, to his superiors, to the Code of ethics committee or to the appropriate authority in accordance to the severity of the act.

## IV

### Physiotherapists and the society

Art. 12.

Physiotherapists shall promote and improve physical therapy for the benefit of the society. They shall educate members of the public where they think education is needed. Physiotherapists should be concerned in matters regarding health care resources and take part in structuring the Health Care if needed.

Art. 13.

Physiotherapists are allowed to advertise their service in an objective way according to the Law of Health Care. They shall not imply their superiority in any way when advertising, in articles or in interviews with the media.

Art. 14.

Physiotherapists shall use sound professional judgement when endorsing, advertising, supplying or selling particular services or products. They shall avoid to endorse superiority of one service or product.